

Penns Grove-Carneys Point Food and Nutrition Service

"We Serve Food For Thought"

High School Breakfast Menu

Breakfast is served every day beginning at 7:45 a.m. at your classroom.
Breakfast is free to all students.

Daily Breakfast Options:

Choose one (1) from this group:

Assorted Cereal Bowl w/Graham Crackers
Bagel w/Condiments
Assorted 8 oz. Yogurt Cup
Donuts
Pop Tart
Granola Bar
Fruit Frudel
Oatmeal Chocolate Chip Bar
Oatmeal Apple Bar
Peanut Butter & Jelly Cup w/WG Bread Slices (2)

Choose one (1) from this group:

Assorted 100% Fruit Juices
Assorted Fresh or Sliced Fruit
Assorted Vegetables
**Students must select ½ cup of Fruit or Vegetable.*

Choose one (1) from this group:

Assorted White Milk: 1% or Skim
Fat Free Chocolate or Strawberry Milk
Lactaid

Can't decide? All-in-one grab and go Breakfast Break-just choose your milk!

Please join your friends to energize your day!

**This institution is an equal opportunity provider.
Esta institución es un proveedor que ofrece igualdad de oportunidades.**

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